

## NEULOG HAND DYNAMOMETER LOGGER SENSOR GUIDE



### NeuLog hand dynamometer logger sensor NUL-237

The NeuLog hand dynamometer sensor is useful both as a stand-alone sensor and in conjunction with other NeuLog sensors to add a completely new dimension to experimental data. Scientific fields which can utilize the hand dynamometer are: Exercise science, Biology, Physiology, Psychology, etc.

The sensor comes pre-calibrated so you can start experimentation right out of the box using any of the following guides.

Just a few of the thousands of possible experimental subjects that can be done with the NUL-237 sensors are: Muscle fatigue, grip strength differences between dominant and non-dominant hands, physiological studies, psychological studies, and many more.

The hand dynamometer sensor uses the following units of measure:

- Pound (lbs): The English system unit of mass
- Kilogram (kg): The SI unit of mass
- Newton (N): The SI unit of force

### Recalibration:

The hand dynamometer sensor comes pre-calibrated however after use you may find that the sensor is slightly off or you may want to run an experiment that requires you to zero the sensor with a constant applied force to it.

#### To zero the sensor:

1. Connect the NUL-237 hand dynamometer sensor to a computer/tablet/smart device following one of the guides below.
2. Open the NeuLog software.
3. When your sensor has been detected click on the hand dynamometer sensor icon (on the left side of your screen)
4. Remove all applied from the sensor and click reset to zero your hand dynamometer sensor.
5. Your hand dynamometer sensor is now recalibrated.

**Note:** You can zero the hand dynamometer with a constant force being applied to it to set that value as your new “zero” .

### Quick start procedure:

#### PC or Mac Computer

#### Materials needed:

- NUL-237 Hand Dynamometer Sensor
- USB-200 USB Module
- A USB to mini USB cable (which comes with the USB-200)

Your hand dynamometer sensor needs to be connected to a USB-200 module. The USB-200 module then connects to a computer via a USB to mini-USB cable. Please note that you cannot plug the hand dynamometer sensor directly into the computer.

Resident PC software and browser based software can be downloaded for free at [www.NeuLog.com/download](http://www.NeuLog.com/download) as well as a full software user guide. **Note:** Make sure not to download and install both types of software, they will conflict on the computer.

#### Procedure:

1. Install the NeuLog software
2. Connect the USB-200 module to the PC or Mac
3. Connect the hand dynamometer sensor to the USB-200 module (they directly plug together).
4. Open the NeuLog software.
5. Once a hand dynamometer sensor logo appears on the left side of the screen the probe has been automatically identified and you can begin experimentation.
6. If the hand dynamometer sensor is not automatically identified then click the “Search for sensors” icon to find the sensor.
7. Select the “On-line experiment” button; this will open a graph below.
8. Click on the “Module setup” button located on the hand dynamometer sensor icon in the module window to change the sensor settings if need be.
9. Click on the experiment set up button to change the experiment settings if need be (experiment duration for example).
10. The hand dynamometer sensor will give a live reading in the box to the left of the screen while plugged in.

## NEULOG HAND DYNAMOMETER LOGGER SENSOR GUIDE



11. To run an experiment and collect data click "Run experiment".
12. To end data collection early, click "Stop experiment".

### Tablet, smart phone device

#### Materials needed:

- NUL-237 Hand Dynamometer Sensor
- WIFI-201 WIFI module
- BAT-200 Battery

Your hand dynamometer sensor needs to be connected to a WIFI-201 module. The WIFI-201 module will create a closed NeuLog wifi network which will stream the NeuLog data to a device of your choosing. Once your device is wirelessly connected to the NeuLog network you can run experiments and collect data through a browser of your choosing.

#### Procedure:

1. Connect the hand dynamometer sensor directly to the left side of a WIFI-201 module (no wires required).
2. Connect a BAT-200 module to the right side of the WIFI-201 module.
3. Although not required, we recommend plugging the BAT-200 to an outlet using a USB to micro USB charger (such as a typical cell phone charger). The WIFI-201 module will run for 15-75 minutes (depending on the sensor) without being plugged in.
4. For further WIFI-201 instructions or the WIFI-201 quick start guide please visit [www.NeuLog.com/download](http://www.NeuLog.com/download).
5. The WIFI-201 indicator lights will flash; take no action until the LED to the far left turns blue.
6. Take your tablet or smart phone and go to the Wi-Fi settings and select the NeuLog network which matches the WIFI module ID found on the back of the WIFI-201 device. (NeuLogXXXX for example)
7. Give your device 1-2 minutes to connect to the WIFI-201 network.
8. Once the device is connected go to your browser and type in the website [wifi201.com](http://wifi201.com) into the URL bar, then wait for 30-60 seconds.
9. You will see a "Control mode" icon in the browser, click on this icon.
10. The browser will then load a new screen and begin to auto detect the sensors, this can take a few minutes.

11. If the browser does not auto detect, select "Search for sensors"
12. Once the sensor is found you will see an icon on the left side of the screen for the hand dynamometer sensor. The icon will display data in real time.
13. To set the hand dynamometer sensor's settings click on "Module setup" button located on the hand dynamometer sensor icon on the left side of your screen.
14. To change the experimental settings click the "Experiment setup" button (experiment duration for example).
15. To run an experiment and collect data click "Run experiment".

### Operation with NeuLog viewer

#### Materials needed:

- NUL-237 Hand Dynamometer Sensor
- VIEW-101 Viewing Module
- BAT-200 Battery

#### Procedure:

1. Connect the hand dynamometer sensor to the left side of the viewer.
2. Connect the BAT-200 module to the right side of the viewer.
3. The VIEW-101 will auto detect the sensor and you will see it appear on the left side of the screen.
4. Once the sensor appears it will be monitoring data in real time.
5. To run an experiment and collect data click the run button (little green person).

### Off-line experiments

(Off-line experiments are for when you do not have a sensor connected directly to a computer, tablet, smartphone, or NeuLog viewer).

#### Materials needed:

- NUL-237 Hand Dynamometer Sensor
- BAT-200 Battery

## NEULOG HAND DYNAMOMETER LOGGER SENSOR GUIDE



### Materials needed to configure your offline experiment:

- USB-200 USB Module or WIFI-201 WIFI module or VIEW-101 Viewing Module
- A USB to mini USB cable (which comes with the USB-200)

### Procedure:

1. Connect the hand dynamometer sensor directly to the left side of a charged BAT-200 module.
2. When ready to collect data press the “Start/Stop” button on the hand dynamometer sensor, a red light will turn on for the duration of the experiment.
3. To change the experiment settings first connect to your chosen device (PC, Mac, tablet, smart device) and select the “Module setup” button. (For more information on how to change the experiment settings view quick start procedure section for your chosen device in this document.)
4. After the experiment has concluded (when the “Start/Stop” button is pressed again or the data collection period ends) connect the sensor to your chosen device. (full instructions in each device’s quick start procedure section)
5. Open NeuLog software.
6. Click the “Off-line experiment” button.
7. Click the “Load data from sensors” button.
8. Select which experimental data to upload. (5 experimental runs can be stored at one time on the NUL-237 hand dynamometer sensor)

### Restoring sensor’s factory default settings:

#### Procedure:

1. Connect the USB-200 to a PC, Mac, tablet, or smart device.
2. Connect the hand dynamometer sensor to a USB-200 module (they directly plug together). Please note there is no calibration required for this sensor.
3. Open the NeuLog software.
4. Click the “Tools” icon.
5. Click “Restore sensor’s factory defaults” icon.
6. If prompted to clear the graph, click either the “Off-line experiment” or “On-line experiment” (whichever you are using).
7. Click “Clear experiment results”.

8. Resume from step 4.

### Included with sensor:

- NeuLog NUL-237 Hand Dynamometer Sensor Guide (this document).
- Hand dynamometer metal grip attachment.

Sensor specifications			
	Newtons	Pounds	Kilograms
Range and operation modes	0 to 500 N	0 to 112 lb.	0 to 50 kg
ADC resolution	13 bit		
Resolution	0.1 N	0.02 lb.	0.01 kg
Max sample rate (S/sec)	100	1000	

### Sensor features:

- Fully digital data.
- Rugged plastic ergonomic case.
- Push button switch for Start/Stop experiments in off line mode.
- LED indicator of experiment status (blinks while collecting data).
- Pre-calibrated sensing equipment.
- Internal strain gauges located in the grip attachment for accurate data readings.
- **Note:** NeuLog products are intended for educational use.

### Videos and experiment examples:

- Videos, literature and other probes can be found at [www.NeuLog.com](http://www.NeuLog.com)
- <http://www.NeuLog.com/Products/HandDynamometerloggerSensor.aspx>

### Technical background:

The philosophy behind NeuLog’s plug and play technology is based on each sensor’s ability to store its own data due to an internal flash memory chip and micro-controller

## NEULOG HAND DYNAMOMETER LOGGER SENSOR GUIDE



in each plastic NeuLog body. This technology allows the sensor to collect and then store the digital data in the correct scientific units (°C, °F, Lux, %, ppm, for example).

The sensor is pre-calibrated at the factory. The built-in software in the logger can be upgraded for free at any time using the provided firmware update.

The hand dynamometer sensor uses internal strain gauges to accurately and reliably measure the amount of force pressing on the sensor. A low power electrical current is run through the strain gauge. When a force is applied to the strain gauge, minor bends and compressions add enough resistance to the current to be measured. Lastly, the change in resistance is converted into force inside the sensors hardware.

### Maintenance and storage:

- Never submerge the NeuLog plastic body in any liquid.
- Do not allow liquid into the hand dynamometer sensor body or grip attachment.
- After use, gently wipe away any foreign material from the hand dynamometer sensor.
- Store in a box at room temperature out of direct sunlight.
- Store with as little force being applied to the grip attachment as possible.

### Warranty:

We promise to deliver our sensor free of defects in materials and workmanship for a period of 3 years from the date of purchase. Our warranty does not cover damage of the product caused by improper use, abuse, or incorrect storage. Sensors with a shelf life such as ion selective probes have a warranty of 1 year. Should you need to act upon the warranty please contact your distributor. Your sensor will be repaired or replaced.

Thank you for using NeuLog!



Flexible, simple, fast, forward thinking.

W: [www.neulog.com](http://www.neulog.com)

E: [info@neulog.com](mailto:info@neulog.com)

A: 850 St Paul Street, Suite 15, Rochester, NY 14605

P: 1.866.553.8536